

SHORT COMMUNICATION

## Water pollution due to a harmful algal bloom: a preliminary study from two drinking water reservoirs in Kandy, Sri Lanka

S. K. Yatigammana<sup>1\*</sup>, O.A. Heperuma<sup>2</sup> and M.B.U. Perera<sup>1</sup>

<sup>1</sup> Department of Zoology, Faculty of Science, University of Peradeniya, Peradeniya.

<sup>2</sup> Department of Chemistry, Faculty of Science, University of Peradeniya, Peradeniya.

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**Abstract:** A dysenteric epidemic condition occurred in a community of people who consumed water from the two reservoirs, Rosmith and Dunumadalawa in Kandy on 29<sup>th</sup> and 30<sup>th</sup> of September 2008. The symptoms were diarrhoea, vomiting and headache. It was suspected that the epidemic could relate to the water supply from the two reservoirs. To investigate the sources that caused the disease, water samples were analysed for potentially harmful biological organisms. A dinoflagellate species, *Peridinium aciculiferum*, known to produce a biological toxin under special environmental conditions, was identified for the first time in Sri Lanka from the samples. The relative abundance of *P. aciculiferum* ranged from ~75% to 100 % of the plankton samples taken from all sites. The abundance and diversity of other organisms at the same trophic level were low and the eutrophication conditions were also predominant in both reservoirs at the time of sampling. It is therefore suggested that *P. aciculiferum* had outcompeted the other planktons in the reservoirs and the epidemic condition had arisen due to the algal toxins present in the reservoirs during the drought period.

**Keywords:** Algal toxins, freshwater dinoflagellates, freshwater red tide, *Peridinium aciculiferum*, water pollution.

### INTRODUCTION

Deterioration of water quality results from the human activities as well as natural conditions. Increase of nutrient levels, salinity and the accumulation of toxic substances threaten both lentic and lotic freshwater ecosystems worldwide. Reduction of dissolved oxygen also leads to multiple problems including anoxia and nutrient releases from the deep sediments, especially in lentic waters.

The quality of drinking water can be seriously affected due to contamination with various toxic materials. For example, the input of plant nutrients from natural and anthropogenic sources brings about

eutrophic conditions, which lead to the formation of algal blooms in water. Such blooms have been observed in Sri Lankan freshwaters, especially during dry periods (Piyasiri, 1995). These blooms are controlled naturally during periods of high rainfall, which leads to high flushing rates of these open water systems. However, in smaller reservoirs constructed in the uplands, flushing rates are low and therefore these are more vulnerable to eutrophication and other related problems.

Some of the algae in these blooms release toxic compounds to water (Rengefors & Legrand, 2001; Smayda, 1997). These toxins are mainly of three types, neurotoxins, endotoxins and hepatotoxins. The harmful algal blooms are caused mostly by 60-80 species of phytoplankton and 90% of them are dinoflagellates (Smayda, 1997). When a dinoflagellate population increases to large numbers, they form red tides and the water is coloured red or brown. The environmental conditions, which result in red tides are not completely understood. Several types of neurotoxins are produced by dinoflagellates and these eventually reach humans through the food chain or municipal water supplies. The freshwater dinoflagellates can cause toxicity in lentic systems when they are in large numbers (Rengefors & Legrand, 2001; Hirabayashi *et al.*, 2007). Among the toxic dinoflagellates, *Peridinium polonicum*, *P. willei*, *P. volzii* and *P. aciculiferum* have been identified in freshwater systems. *P. willei* is often found in temperate freshwaters, especially in drinking water sources (Niese *et al.*, 2007). In addition, several other countries have experienced similar situations and this is now, a major concern internationally. When such algal toxins are present in a drinking water source, it is difficult to save the human population from exposure, especially because many of these algal toxins are not destroyed by boiling.

\* Corresponding author (sudharma\_y@yahoo.com)

In Sri Lanka, hitherto, no detailed work has been carried out on dinoflagellates and also there are no records of red tides. Recently, an epidemic condition occurred in a community which consumed water from two reservoirs, Rosmith and Dunumadalawa in the Kandy city. Several people were admitted to hospitals due to diarrhoea, vomiting, headache and discomfort and it was suspected that this condition is related to the quality of water in the two reservoirs, since a red colouration of water in the margins of Rosmith reservoir had been observed during this period. Therefore, this study was undertaken to investigate the biological, chemical and physical aspects of the water to find the origin of potential toxic substances, which may have caused the ill health condition among the community.

## METHODS AND MATERIALS

### *Study area:*

(a) Rosmith Reservoir (7N16'44.9, 80E38'39.93): Capacity is ~5670 m<sup>3</sup> and is fed by rain water and a small natural stream in the Dunumadalawa forest reserve. This serves as the sole drinking water source to the residents of four villages in the Rajapihilla area of the Kandy city. The reservoir is situated in the middle of a forest reserve and various wild animals including wild boar and wild cats appear to have easy access to the reservoir.

(b) Dunumadalawa Reservoir (7N17'00, 80E38'16.00): The reservoir is established by constructing a dam across the Dunumadalawa stream. The capacity of this reservoir is 185000 m<sup>3</sup>. It provides 10% of the water requirements of the Kandy city.

*Collection of environmental data:* Collection of water samples for analysis of chemical variables from the two reservoirs was carried out 10 d after the main incident. Water samples from a depth of ~ 0.5 m were obtained from 4 sites of each reservoir for the laboratory analysis of nutrients (PO<sub>4</sub><sup>3-</sup> & NO<sub>3</sub><sup>-</sup>) and dissolved oxygen (DO). The samples were collected in 500 mL acid washed polyethylene bottles that were rinsed with reservoir water prior to sampling. Preservation of water samples followed the APHA (American Public Health Association) standard methods for examination of water and wastewater (APHA, 1992). Samples were stored at 4 °C and analysis was carried out within 48 h of obtaining the samples. Phosphate (PO<sub>4</sub><sup>3-</sup>) phosphorus was measured colorimetrically using the vanadomolybdate method and nitrate (NO<sub>3</sub><sup>-</sup>) nitrogen was measured colorimetrically using the cadmium reduction method. DO was measured titrimetrically using the Winkler method.

Site measurements were taken for temperature (T), specific conductance (SC) and salinity using a portable conductivity meter (Thermo Orion- Model 105). Site measurements for pH from each selected site of both reservoirs were obtained using a portable pH meter (Orion® Model 230A portable pH meter). The Secchi depth of each reservoir was measured using a 22 cm diameter Secchi disk. Information of the capacity, maximum depth ( $Z_{\max}$ ) and age were obtained from the Kandy Municipal Council.

A plankton net and a dipnet (pore size 50 µm) were used for plankton sampling. Plankton samples were analysed within 2-3 h of sampling using a research microscope (Olympus CX 31) with phase contrast optics. Plankton samples were preserved using Lugols solution and relative abundances of the taxa identified were calculated.

## RESULTS AND DISCUSSION

A margin at the south end of the Rosmith reservoir, the area in which the red colouration had been noticed, was highly contaminated with animal wastes. In addition, the water of the reservoir was greenish brown in colour and highly turbid. Similar conditions were noted from the Dunumadalawa reservoir and floating green coloured mats were also noted in some areas.

### **Physicochemical analysis**

The environmental parameters measured show that the two reservoirs are moving towards eutrophic conditions (Table 1). Freshwater systems can be considered eutrophic if the total phosphorus levels are higher than 30 µg/L. High levels of PO<sub>4</sub><sup>3-</sup> phosphorus and NO<sub>3</sub><sup>-</sup> nitrogen (µg/L) suggest that the reservoirs are not nutrient limited systems. Lakes can be phosphorus limited if the total nitrogen: total phosphorus (TN: TP) ratio is more than 17, and nitrogen limited if the ratio is less than 14 (Sakomoto, 1966). In our study, NO<sub>3</sub><sup>-</sup>: PO<sub>4</sub><sup>3-</sup> ratios were 15.85 in Dunumadalawa and 72 in Rosmith reservoir. Therefore, it is obvious that both systems are not nitrogen limited. This is a good indication of sewage pollution or the nutrients that have originated from animal or human sources, which is a common phenomenon in Southeast Asia (Osborn, 1991).

Further, oxygen concentrations at the surface level are lower than the average values (9.5 mg/L) of the Sri Lankan reservoirs (Yatigammana, 2004; Schiemer, 1983). Oxygen depletion of freshwaters occurs mainly because of eutrophic conditions (Wetzel, 2001).

Therefore, it is suggested that both reservoirs have the problem of eutrophication, which leads to the growth of unwanted algal blooms and toxic conditions to other biota.

**Table 1:** Environmental data of the two study reservoirs

Variable	Dunumadalawa	Rosmith
Age (years)	> 100	> 100
Capacity (m <sup>3</sup> )	185000	5670
Z <sub>max</sub> (m)	~ 17	~ 6
Surface temperature (°C)	24 (±1)	25 (±1)
Specific conductance (SC) (µS/cm)	65 (±2)	80 (±3)
Dissolved oxygen (DO) mg/L (average)	7.52	6.27
pH (average)	7.47	7.63
Secchi depth (cm)	50 (±2)	25 (±2)
PO <sub>4</sub> <sup>3-</sup> Phosphorus (µg/L) (average)	26	17
NO <sub>3</sub> <sup>-</sup> Nitrogen (µg/L) (average)	412	1227
NO <sub>3</sub> <sup>-</sup> : PO <sub>4</sub> <sup>3-</sup>	15.85	72

**Biological analysis**

Planktonic organisms were identified from microscopic examination of the samples obtained from both reservoirs, and a phytoflagellate species was the most abundant. In all water samples obtained from the two reservoirs, a dinoflagellate, *P. aciculiferum* was identified (Figures 1 & 2). The relative abundance of this particular species is different for the two reservoirs.



**Figure 1:** *P. aciculiferum* at 4 x 10 magnification

At some sampling sites, the relative abundance was more than 99 % and at other sites it was slightly lower, but not less than 75%. When the water samples were examined immediately after they were brought to the laboratory, flagellate movements were clearly visible. The images of the *P. aciculiferum* identified in previous studies (Rengefors & Legrand, 2001) matched with our observations.

According to previous studies on Sri Lankan reservoirs (Yatigamma, 2004; Bauer, 1983), a majority of the reservoirs are stratified due to thermal, chemical and morphometric characteristics. The wet zone reservoirs in Sri Lanka, in particular, are identified as stratified due to these factors. Under such conditions, lentic waters can become meromictic (partially mixing) with two layers, mixolimnion (upper mixing layer) and monimolimnion (lower non-mixing layer) of the water column. The bottom non mixing layer could remain permanently anoxic and can be an unfriendly environment to many aquatic organisms, especially phytoplanktons. Low Secchi depth values recorded from the study sites also suggest that the photic zone (trophogenic zone), the depth of the water column where the photosynthesis is greater than respiration, is limited to topmost layers. Therefore, it is proposed that primary production of these reservoirs is limited to the uppermost layers of the water column. In addition, the existence of bottom anoxia can govern the distribution of biota and lead to reduction of the number of habitats present in such systems. These conditions also force the aquatic biota to remain in the surface layers, which will ultimately lead to increased competition. Studies have found that dissolved oxygen (DO) in water was a determinant factor for completion of the life cycle of *Peridinium* species (Kida *et al.*, 1989). Therefore, it is obvious that such organisms prefer to inhabit surface water columns where oxygen rich environments exist. Hence, it can be suggested that the behavioural and physiological adaptations force dinoflagellates to remain in the upper layers of the water column where the DO



**Figure 2:** *P. aciculiferum* at 40 x 10 magnification

is not limited. Similar environmental conditions may have influenced the high abundance and aggregation of *P. aciculiferum* in the reservoirs studied, especially in the Dunumadalawa reservoir, which can be considered as a deep system (Z<sub>max</sub> ~17 m). It has been found that another species of *Peridinium* (*P. bipes*) responds to the variation of environmental variables such as conductivity, pH and transparency (Hirabayashi *et al.*, 2007). In

addition, environmental preferences of dinoflagellates show that they prefer lower turbidity and high nutrient concentrations (Smayda, 1997). In the presence of high nutrient concentrations, the cellular growth of all plankton increase and then the turbidity also increases. When the turbidity increases, it will ultimately lead to an unfavourable environment for dinoflagellates. Under such conditions, they tend to aggregate and produce toxins, which are lethal to other organisms in the environment.

When dinoflagellates aggregate in high densities ( $>1100$  cells/cm<sup>3</sup>), they form red tides (Hirabayashi *et al.*, 2007). Our analysis also indicated a high dominance of *P. aciculiferum* (i.e.  $> 1000$  cells/cm<sup>3</sup>) while the other plankton density was about 100 cells/cm<sup>3</sup>. Similar situations were present in both reservoirs. Therefore, the red colouration, which appeared along a margin of the Rosmith reservoir could be an indication of the high abundance of *P. aciculiferum*. In toxic red tides, dinoflagellates produce a chemical, which acts as a neurotoxin and could be fatal to other animals (Rengefors & Legrand, 2001). *P. aciculiferum*, is known to produce an allelopathic substance which inhibits the growth of other competing organisms. In addition, some dinoflagellates produce predator defense toxins to reduce the growth of larval forms of fish and crustaceans (Rengefors & Legrand, 2001). When a planktonic organism produces a toxin of any kind, there is a high tendency for its bioaccumulation through the food chain. Additionally, these compounds can persist within the water column. All these factors together could severely affect the ecological balance of the system.

Our environmental examinations indicate that both reservoirs are likely to have been contaminated with animal wastes and therefore the reservoirs have the potential for the input of high loads of nutrients such as phosphorus and nitrogen. In addition, Dunumadalawa reservoir is situated at a lower altitude and a human community inhabits the catchment. Therefore, it appears to receive a significant amount of anthropogenic wastes, both organic and inorganic, leading to eutrophication and mass blooming of nuisance algae and toxin releasing dinoflagellates. All these factors suggest that the red colouration, which appeared in the Rosmith reservoir before the onset of rain could have caused the water poisoning incident in Kandy. The presence of the same species of dinoflagellate at a high density in Dunumadalawa reservoir also points to the occurrence of a similar situation.

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